WeeklyHeater

THE HEATER SHEET

NFL, November 19 to 23, 2026
Lines as of Mon Nov 23, 8:03 PM ET
One page. Stats and trends, not picks.

WEEK 11

THE THREE MUST-KNOWS

If you read nothing else this week

1 — **5** straight overs on passing yards

Jayden Daniels keeps clearing his line.

His line went from 190.5 to 202.5 during the run and he has gone over every time.

vs CIN Mon 8:15 PM | this week 225.5

2 — **4** straight unders on rushing yards

Jayden Daniels can't reach his line.

It has gone from 39.5 to 33.5 and he has stayed under every time.

vs CIN Mon 8:15 PM | this week 42.5

3 — **8** yards added to his line

Ja'Marr Chase's number jumped.

Rec yards line, 94.5 to 102.5. The biggest move on the board.

at WAS Mon 8:15 PM | now 102.5

ON A HEATER

overs in a row, last 8 lines

5	**J. Daniels** pass yards ■■■■■□□	vs CIN Mon 8:15 PM 225.5
5	**J. Burrow** pass TDs ■■□■■■■■	at WAS Mon 8:15 PM 2.5
3	**D. Meyers** rec yards ■■■□□■■	at WAS Mon 8:15 PM 20.5
3	**J. Chase** rec yards □■■■□□■■■	at WAS Mon 8:15 PM 102.5

ICE COLD

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4	**J. Daniels** rush yards ■■■□□■■■	v
3	**A. Ekeler** rush yards ■■■	v
3	**R. White** catches Q, heel ■■■□■■□■	v

No other streak of three or more

LINES ON THE MOVE

open to now

J. Chase rec yards	94.5 → 102.5	Up 8
J. Burrow pass + rush	315.5 → 322.5	Up 7
J. Daniels rush yards	36.5 → 42.5	Up 6
S. Diggs rec yards DNP, not injury related - resting player	46.5 → 51.5	Up 5

SOFT SPOTS

allowed a game, a

Raiders vs running backs	130 yd
Titans vs wide receivers	210 yd
Chiefs vs tight ends	6.9 catch
Cardinals vs quarterbacks	21.3 p

NEW ROLES

snap share, usual to last game. No quarterbacks.

R. Wilson took over from D. Metcalf	39% → 69%	+30
S. Barkley line hasn't moved	32% → 64%	+32
H. Wallace III no line posted yet	9% → 64%	+55
E. Chism III lost snaps	62% → 14%	−48

TRENDING

last three games, in orde

S. Diggs rec yards, line 51.5 DNP, not injury related - resting player	38 →
No one else moved three games running	
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THE SLATE

every game, spread and total, and the move since open

GAME	KICKOFF	SPREAD	TOTAL	SINCE OPEN
IND at HOU	Thu 8:15	HOU -12.5	44.5	Was HOU −10.5
MIA at BUF	Sun 1:00	BUF -16.5	45.5	Total was 46.5
BAL at CAR	Sun 1:00	CAR -2.5	44.5	No move
NO at CHI	Sun 1:00	CHI -11.5	47.5	Was CHI −10
TEN at DAL	Sun 1:00	DAL -7.5	55.5	Total was 53.5
TB at DET	Sun 1:00	DET -3.5	48.5	Was DET −5.5
ARI at KC	Sun 1:00	KC -15.5	40.5	Was KC −16.5
JAX at NYG	Sun 1:00	JAX -6	45.5	Total was 46.5
NYJ at LAC	Sun 4:05	LAC -3	43.5	Total was 40.5
LV at DEN	Sun 4:25	DEN -11.5	41.5	Was DEN −10
PIT at PHI	Sun 4:25	PIT -3.5	37.5	Was PIT −4.5
MIN at SF	Sun 8:20	SF -4.5	45.5	Was SF −3
CIN at WAS	Mon 8:15	CIN -6	54.5	Total was 51.5

Off this week: Falcons, Browns, Packers, Rams, Patriots, Seahawks **Short week:** Texans, Colts **Back from a bye:** Bears, Broncos, Eagles, Buccaneers

3 of 11 held up this week

■ Daniels over, pass yards ☐ Burrow over, pass TDs ☐ Meyers over, rec yards ☐ Chase over, rec yards
☐ Daniels under, rush yards ☐ Ekeler under, rush yards ■ White under, catches ☐ Chase line up
☐ Burrow line up ■ Daniels line up ☐ Diggs line up

Filled box: held.
Season: 3 of 11

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